



THE MICAH UPDATE

Camp Micah
PO Box 67414
Chestnut Hill, MA 02467
(617) 244-6540

April 11, 2008

Message from Mark

Dear Camp Micah Community 2008:

Last weekend twenty-eight Micah Administrators flew from around the country to Boston and then made their way up to a very snowy and cold Bridgton, Maine. We still had five feet of snow on the ground and sledding off the porch of the dining hall was a lot of fun. The weekend is a 48 hour retreat that allows the administrative team a chance to communicate about all the important issues that make Camp Micah such a great place to be in the summer. There is no doubt in my mind that we, once again, have a strong and vibrant administrative team that understands and will implement the Micah philosophy in a meaningful way.

The weekend was full of learning, understanding and community building for the coming summer. On Friday evening in a very cold dining hall we celebrated the first Shabbat at camp in 2008 in our heated tent where most of our meetings took place. Our Head Chef, Jason Kriger cooked for all of us the whole weekend in a kitchen with no water, as the camp is currently closed for the winter. It is Camp Micah, so we were all well fed!

On Sunday we wrapped up the weekend and everyone left to return to the airport or drive to their homes. Of course for all that had to fly home they all had delays and it took a while to return to their Universities or homes. I was left alone at camp to pack up my stuff and lock the camp up before going back to Boston. I realized, as I do after every summer, that camp for the weekend was so vibrant and alive with creativity, growth and laughter. When I was alone, the silence of camp was deafening and it was again buildings, fields and a lake without much life.

As the snow in Maine continues to melt we are preparing to move the camp office back to Bridgton. I look forward to welcoming everyone back to camp this summer when we will bring the place to life again and make Micah the strong, committed and caring community it has always been!

Mark



An April snow at Micah



The Team at work



Yup, we had some fun too

Summer
156 Moose Cove Lodge Rd
Bridgton, ME 04009
(207) 647-8999

In this Issue:

**Message From Mark*

**Going Green*

**College Updates*

**Social Action*

**Condolences*

**Announcements*

**Reminders*

**Birthdays*

**Camp Quiz*



CAMP MICAH IS GOING GREEN!!!!

THE GREENING OF CAMP MICAH

One of the big issues discussed at our Administrative Training Weekend was "The Greening of Camp Micah". As the Camp was built in 2000-2001 we were conscious of many of the environmental impacts that our camp would have as well as the need to try and limit our consumption of energy. Our low-flow toilets save an enormous amount of water and cardboard recycling has always been a priority. Now, eight years later there are many new avenues to approach and this summer we will be making a concerted effort as an entire community of more than four-hundred people, to lessen our footprint and conserve all the energy and natural resources possible. Campers and counselors will be able to follow our progress throughout the summer in order to encourage all to conserve our energy and better our world.

We have hired a staff member to be our recycling coordinator for the summer and I met with two companies that are doing an audit of our energy use and will be making recommendations for us to implement in order to considerably lessen our Kilowatts need. We are also looking into Solar Power for future summers in order to make the camp more efficient.

It is our hope that all our families are taking our responsibility for our earth seriously and that we are all taking steps to lessen our own carbon footprint. We are making an effort to do this at Camp Micah and hope that we will all continue to make a difference well into the future. Tikkun Olam (the repair of our world) has all of a sudden taken on a very new and important meaning!

Mark

COLLEGE NEWS

We thought it would be a nice idea to update you on news from the college front....

Who's doing what and who's going where.



Dani Murmes spent the year at Clarkson University where she was a member of the Women's Ice Hockey Team that advanced to the semi-finals of the ECAC tournament at Harvard.



Action during the ECAC Semifinal

CONGRATULATIONS TO THE CLASS OF 2012

David Sumburg will be getting some "Micah Company" as **Alex Katz** joins him at Northwestern University this fall.

Jeremy Moskowitz was recently accepted to Duke University...

Emily Felber will be heading to Franklin and Marshall in Lancaster, PA...Joining Emily in the Keystone State will be **Michael Berger** who was admitted to Carnegie Mellon University.

SOCIAL ACTION AT MICAH

ZACH'S FUND



As we let you know in an e-mail a few months ago Roberta Carson, Zach's mom has formed a very important committee that has come together to raise 2 million dollars for *The Zachary Carson Brain Tumor Fund at Dana-Farber Cancer Institute ("Zach's Fund")*. This is in memory of Zach who died of a rare pontine gliomas inoperable brain tumor which usually strikes much younger children and is always fatal. Zach and his family learned that research of this tumor doesn't get much funding and, with the help of Steve Carell and the premiere of "Evan Almighty", Zach was able to raise two hundred five thousand dollars in the year before he died that is now being used directly by his doctor and Dana Farber researchers to study this most deadly tumor.

Camp Micah will be one of hopefully many corporate sponsors participating in this new venture. We will be collecting checks from the Micah community to donate together with Camp Micah's donation in Zach's memory. Any amount of money is appreciated and can be sent to:

Camp Micah, PO Box 67414, Chestnut Hill, MA 02467. Checks should be made payable to: "Zach's Fund" at the Dana Farber Cancer Institute

This donation is tax deductible as a charitable contribution. To date Camp Micah has raised over \$2,500 and would like to once again thank all who given so generously to this great cause.

If you or the company you work for would like to be a sponsor for the new "A Premiere Cause" Event being planned by Roberta's committee which will take place in Boston this June for the release of Steve Carell's next movie, "Get Smart" please contact me directly for more information.

PRAYING WITH LIOR

Opening April 25, 2008

West Newton Cinema

www.prayingwithlior.com

The Documentary about Lior Liebling, a "Spiritual Genius" with Down Syndrome

Pamper your soul and watch Lior - Rabbi Zalman Schachter-Shalomi

PRAYING WITH LIOR, the profoundly moving and entertaining documentary about an extraordinary family, a boy with Down Syndrome and his Bar Mitzvah, **opens theatrically in Boston at the West Newton Cinema on Friday, April 25**

More information about **PRAYING WITH LIOR** can be found on the last page of this Newsletter.

CONDOLENCES FROM CAMP MICAH

IAN MARKOFSKY

Ian Markofsky, 63, of Miami Beach, passed away on Monday March 10, 2008. He is survived by his beloved wife Tatiana; loving children Anthony (Niki), daughter Tiffany and son Zachary Markofsky; adoring grandchildren Jordan, Mia and Noah Markofsky; devoted parents Louis and Rose Markofsky; loving sister Paula Markofsky and loving brother Stanley (Fern) Markofsky and loving niece and nephews Melissa, Brent, Jarrod and Matthew Markofsky (Courtesy of The Miami Herald).

The thoughts and prayers of the entire Micah Family go out to the Markofsky's in their time of grief. This summer we look forward to welcoming Zach back into the warm arms of his summer family for this, his sixth year.

SCOTT SILBERMAN

Scott Michael Silberman of Sharon, MA passed away suddenly on Thursday March, 6 in Tucson, Arizona. Scott was 18 years old. He was the son of Dr. Don Silberman and Karen Byer Silberman.

Though Scott was only with us for two summers his loss is felt and he will be missed. The thoughts and prayers of the entire Micah family go out to Scott's family and friends during this trying time.

Donations may be made in Scott's honor to the University of Arizona Hillel

University of Arizona Hillel

1245 E. Second St

Tucson, AZ 85719

ANNOUNCEMENTS, ANNOUNCEMENTS...

HEEEERE'S THE ADMIN

With summer just around the corner and camp starting to take shape (forgetting the fact there is still 3 feet of snow on the ground), there's just one question left: Who are your 2008 Camp Micah Administrators? Well without further ado....Your Administration is....

UNIT LEADERS

Critters: Ryan (I do more than nature) Kosow
Prowler Girls: Ali (no, I'm not too peppy) Mills
Prowler Boys: Zach (I will still play Guitar) Gray
Timber Girls: Amanda (I'm new and great) Singer
Timber Boys: Scott (not just for Critters) Crook
Summit Girls: Misty (last minute) Cain
Summit Boys: Ryan (Rock n Roll) Rhoades
CIT: Scott (just Flick) Flickinger

TEAM LEADERS

Program Director: Shari (I never sleep) Churwin
Asst Program Director: Steve (Rush n Crush) Monge
Asst Program Director/Multi-media TL: Avi (smile) Cohen
Water Front TL: Jacob (7 years and counting) Gerrie
Pool Head: Zarrine (Z) Atkins
Theatre Arts TL: Gretl (it's not a cackle) Kresmer
Creative Arts TL: Sue (I love my staff) Woron
Wilderness Ed: Andy (the few, the proud) Welsh
Head of Hiking: Ken (That's Great) Wadness
Head Chef: Jason (Stu/Stewart) Kriger
Office Manager: Abi (ya'll) Alexander
Scheduler: Jordan (oops my knee) Silton
Head Nurse: Laurie (I love the 80's) Gallimore



Hard at Work!



Havdallah at Admin Weekend

Camp Micah would also like to Welcome back **Kate** (no longer saying get out of the office) **Mikesh** in her new role as **Assistant Girls Head Counselor**. Kate is already hard at work with Jodi coming up with some amazing ideas for the girls area. And if you read a little further Kate may be having a little more to do this summer than she thought...Hmmm, whatever could this mean?

DID YOU GUESS JODI IS PREGNANT?



...Well if you did, **YOUR RIGHT!!!** Mazel Tov to Jodi, Rob and Jared for the upcoming addition to the Sokoloff household and the growing Micah Mini community. By camp, Jodi will be about 4 months along which hopefully means she will be able to actually eat a meal in the dining hall this time. Now, the big question is: Will Jared have a little brother or a little sister? Who knows! Maybe you do. If you have a guess, let us know this summer. Whatever the case we know everyone is extremely excited. Congratulations Rob, Jodi and Jared!

KRIGER'S COOKIN' CORNER

Get ready to rise and shine with some



FRIDAY MOHNIN KUGEL

Ingredients:

| | | |
|--------------------|-----------------|-------------------|
| 1 lb egg noodles | 6 eggs | apricot preserves |
| 8oz Cream Cheese | dash of Vanilla | Corn Flakes |
| 8oz Sour Cream | dash of salt | |
| 8oz Cottage Cheese | Vegetable Oil | |
| 1/2 cup of sugar | 1 foil 1/2 pan | |

- 1.) Boil water and cook off egg noodles. Cool egg noodles after cooking
- 2.) In a mixing bowl, beat cream cheese well
- 3.) In a separate bowl beat 6 eggs
- 4.) Add and mix sour cream and cottage cheese to cream cheese
- 5.) Add eggs to mixture and mix well
- 6.) Add sugar, salt and vanilla to mixture and mix well
- 7.) Add noodles to mixture and mix well
- 8.) Add 3 table spoons of vegetable oil to 1/2 pan
- 9.) Place foil in oven at 350 degrees for 5 min
- 10.) Remove foil from oven and add mixture
- 11.) Dab apricote preserves over the top randomly
- 12.) Crush handfuls of Corn Flakes and cover the top
- 13.) Bake for 25-30 minutes at 350 degrees

...ENJOY!

Jason

VERY IMPORTANT REMINDERS

With the camp season closing in fast we wanted to remind you of a few important items.

1.) The final bill has been sent and payment is due by April 30, 2008

2.) All forms and questionnaires must be filled out and either submitted electronically (all but the Health Form can be done this way) or mailed to the camp office by May 15, 2008



3.) You should have received your scheduling e-mail with information and instructions about how to help your campers choose their activities for the summer if you did not please e-mail Mike at michaelc@campmicah.com.

4.) The office will be moving to Maine on May 20, 2008

As usual, any questions please call us at 617-244-6540

CAMP MICAH ALUMNI DAY



Wouldn't you love to spend the day catching up with former friends of summers past? Well this summer you can! All you have to do is come to Camp Micah's Alumni Day on Sunday July 13, 2008. The day will start at 9:30am and end at 5pm with a famous Micah lunch included. For those interested in attending please RSVP by July 1 to Steve Monge at steve@campmicah.com. The event is open to former Campers and Staff. We look forward to seeing all of our Old Friends and having them reconnect with Micah!



5 year club

RECENT & UPCOMING SKIPPERS AROUND THE ROOM

Happy Birthday to all our campers and counselors who celebrate their birthday in March, April and May!!!

March

| | |
|--------------------|--------------------|
| Julia Sherman | Sebastian Hamori |
| Brian Uram | Jared Fink |
| Andrew Geller | Danielle Grosswald |
| Rachel Katzin | Pete Arsenaault |
| Rachel Oleck | Shari Churwin |
| Scott Wurtzel | Claudia Coplein |
| Julia Solomon | Dani Murmes |
| Amy Mizels | Ryan Rhoades |
| Caroline Hopland | Ciaran Roche |
| Nathan Shaller | Joanna Vinick |
| Ashley Davidson | Robby West |
| Noah Krassin | Sue Woron |
| Daniel Gray | |
| Lindsey Gray | |
| Ben Aronovitz | |
| Sarah Katzin | |
| George Pastouris | |
| Adam Felber | |
| Michael Ben-Horin | |
| Daniel Ben-David | |
| Noah Jackson | |
| Michael Greenfield | |
| Hannah Rosen | |
| Ellie Sacks | |
| Michael Guinness | |
| Julia Braginsky | |
| Honor Lacin | |
| Olivia Ference | |
| Alexandra Sassoon | |
| Sam Weitzen | |
| Allison Cameron | |
| Zach Schwartz | |
| Jeremy Freedman | |



April

| | |
|---------------------|---------------------|
| Matt Grosswald | Valerie Herman |
| Andrew Berg | Kayla Ratner |
| Elana Flanagan | Sara Tollestrup |
| Shane Rozen-Levy | Dan Garber |
| Jordan Wolkon | Brittany Rosenthal |
| Alex Klavens | Sarah Braver |
| Allison Gelman | Amanda Grossman |
| Zach Halpryn | Andrew Grossman |
| Kate Rooney | Jonah Kudler-Flam |
| Josh Rubin | Daniel Weiss |
| Zach Brody | Jared Frankston |
| Corey Glassman | Alex Stanton |
| Julia Wright | Stephanie Aidbinder |
| Kami Sabghir | Misty Cain |
| Isabel Schulman | Emily Edmonson |
| Jake Rosenbaum | Megan Gleason |
| Anastasia Burns | Leah Kosow |
| Sam Dyer | Brian Murphy |
| Max Groper | Doug Murphy |
| Emma Avruch | Schnetty |
| Jake Greene | Ali Webber |
| Adam Raider | |
| Elizabeth Maisel | |
| Josh Seidman | |
| Arelai Ephraim | |
| Michelle Krozy | |
| Jordan Gluck | |
| Jared Oleck | |
| Patricia Echeogoyen | |
| Karen Rathjens | |
| Corey Weilheimer | |
| Drew Friedler | |

May

| | |
|--------------------|----------------|
| Nicole Teperman | Sarah Evantash |
| Alex Messina | Lauren Uram |
| Anna Gupta | Julia Siegel |
| Evan Saphir | Rachel Bashein |
| Ben Gantert | Josh Grove |
| June Ramos | Zach Eagle |
| Hayley Cooper | Noah Berman |
| Adam Dyer | John Conti |
| Ariel Garber | Dr. Finn |
| Garrett Leon | Jacob Gerrie |
| Noah Zucker | Jessica Gerrie |
| Carrie Stairman | Bailey Gutkin |
| Jane Herman | Mike Koss |
| Channa Rifkin | Jesse Miller |
| Larissa Lerner | Ernie Orod |
| Gil Metser | Jodi Sokoloff |
| Jake Versano | |
| Mike Berger | |
| Amanda Cohen | |
| Sloane Grinspoon | |
| Jake Moskow | |
| Jake Greedman | |
| Rachel Gill | |
| Rebecca Greenfield | |
| Ari Appel | |
| Molly Stone | |
| Sarah Gottlieb | |
| Lili Greenstein | |
| Claire Daniels | |
| Elliot Daniels | |
| Elizabeth Levi | |
| Gilly Wood | |
| Mike Wolkon | |



A LITTLE BIT OF FUN!

CAMP MICAH TRIVIA...HOW WELL DO YOU KNOW YOUR SUMMER HOME?

Think you're an expert on Camp Micah? Let's put that to the test. Listed below are 10 questions about Camp Micah. The first boy and girl to e-mail the correct answers to steve@campmicah.com will get to raise the flag the first night of camp. Good Luck!

- 1.) When is Mark's birthday?

 - 2.) Schnetty is famous for two things. Can you name at least one (extra point if you can name both)?

 - 3.) Is Camp Micah located in Bridgton or Sebago Maine?

 - 4.) Name of last summers continuing Camp Fire Drama?

 - 5.) Finish this quote..."this ain't no _____!"

 - 6.) What does Avi Hide in the Yearbook each year? And how many are there each year?

 - 7.) What were the names of the Plays last summer (2007)?

 - 8.) When you are hydrated you have what?

 - 9.) Can you name our food delivery company (hint: think CW 06)?

 - 10) Name of the performing artist who rocked Micah in 2006?
-
-

PRAYING WITH LIOR

Opening April 25, 2008

West Newton Cinema

www.prayingwithlior.com

The Documentary about Lior Liebling, a “Spiritual Genius” with Down Syndrome

Pamper your soul and watch Lior - Rabbi Zalman Schachter-Shalomi

PRAYING WITH LIOR, the profoundly moving and entertaining documentary about an extraordinary family, a boy with Down Syndrome and his Bar Mitzvah, **opens theatrically in Boston at the West Newton Cinema on Friday, April 25.** Winner of numerous awards, including the 2007 Boston Jewish Film Festival’s Audience Award for Best Documentary and the 2008 American Association on Intellectual and Developmental Disabilities Media Award, Ilana Trachtman’s feature length documentary has become a box office sensation and festival favorite across the country.

Filmmaker Ilana Trachtman, Lior Liebling and his family - father Rabbi Mordechai Liebling, stepmother Lynne Iser, and sister Anna Liebling – **will be at the opening.**

An engrossing, wrenching and tender documentary film, **PRAYING WITH LIOR** introduces Lior Liebling, also called "the little rebbe." Lior has Down syndrome, and has spent his entire life praying with utter abandon. Is he a "spiritual genius" as many around him say? Or simply the vessel that contains everyone’s unfulfilled wishes and expectations? Lior – whose name means "my light" — lost his mother at age six, and her words and spirit hover over the film. While everyone agrees Lior is closer to God, he’s also a burden, a best friend, an inspiration, and an embarrassment, depending on which family member is speaking. As Lior approaches Bar Mitzvah, the Jewish coming-of-age ceremony different characters provides a window into life spent "praying with Lior." The movie poses difficult questions such as what is "disability" and who really talks to God? Told with intimacy and humor, PRAYING WITH LIOR is a family story, a triumph story, a grief story, a divinely-inspired story.

PRAYING WITH LIOR is working with the West Newton Cinema to offer discounted group tickets for synagogues and day schools, and the possibility of hosting post screening discussions and private screenings.

If you are interested in screening **PRAYING WITH LIOR** later in the year at your organization or after the film leaves town, rentals are also possible. Contact Paul Marchant at First Run Features, the distributor of the film. He can be reached. at 212.243.0600 x 22 or paul@firstrunfeatures.com

“Warm-hearted and mesmerizing, made with equal parts admiration and astonishment... discards the clichés and condescension of so many religious films.” – NY SUN

“Will deepen your understanding both of the ‘handicapped’ and of prayer.” - NATIONAL CATHOLIC REPORTER

“Heart wrenching...A gentle, tender-hearted portrait.” – NY NEWSDAY

“Intimate, moving documentary...refreshingly down-to-earth.” – ONION AV CLUB

“Tender, assured...both hopeful and pragmatic.” – INDIEWIRE