



THE MICAH UPDATE

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HAPPY NEW
YEAR TO OUR
ENTIRE MICAH
FAMILY!

In this Issue:

Social Action Update...

A Tribute to Those
Lost...

Love is in the Air for
Two Micah Alums...

The Cookin Corner...

The New Alumni
Association...

And much more...

Message from Mark

Dear Micah Families and Alumni:

I hope this news letter finds all having a good start to the school year and beautiful Fall season. The summer of 2007 is now behind us and the planning for 2008 is underway. Camp Micah is almost full for the summer and the remaining spaces are filling quickly. If you have any friends or family interested in coming to camp next summer please have them call us soon so they will not get shut out.

This fall our Camp community has, for the first time, had two very sad alumni losses. Zach Carson, age 19 and a Camp Micah founder passed away after a heroic battle against a very rare brain tumor. He was told he would have 4-6 months to live, but defied all the odds by living for 27 months and raising well over \$200,000.00 for research of this very deadly tumor.

Jeremy Kritzman, age 21 passed away in late September. He was found in his apartment at the University of Indiana. He was a Junior and a founder of Camp Micah in 2001. Both Jeremy and Zach will be greatly missed by those in our community who knew them. Our thoughts and prayers are with their families at this very

difficult time. You can read further about both Zach and Jeremy on page 3 of this newsletter.

This fall has also been a time of new beginnings. We are pleased to announce that our Athletic Director/Assistant Program Director Steve Monge has joined us full time in the Micah office. He will be coordinating marketing, starting up our new Alumni Association and recruiting new staff. Steve is in his sixth year as an administrator at Micah and knows our community well. His seven years as a college tennis coach brings a wealth of knowledge to us for recruiting college athletes. When you call the camp office please say hello to Steve.

There is yet another first for Micah coming this summer. Adam Havel will be returning to camp in June for his seventh year at Micah. He will be bringing his fiancé Emily to camp as well and two days after camp ends they will have their wedding in the "Chapel on the Hill" right at Micah. You may remember that Adam and Emily visited camp in August and Adam surprised Emily by hiking up to Baldpate and proposing to her as they looked over the lakes region.

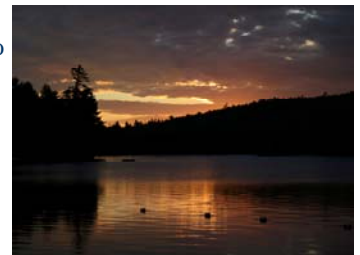
October 11th, 2007

We look forward to having Adam back at camp and to Emily becoming part of our staff. We will make sure to have pictures of the *first ever Micah Wedding* in the 2008 fall newsletter one year from now.

As the fall progresses and we move into winter, so too does our Micah family grow and change. The happy camp moments will continue and hopefully the sad moments will pass. As the camp moves towards our eighth summer we all should remember how fortunate we are to have each other, our family and friends and our Camp Micah Community!

Enjoy the Newsletter and keep an eye out for the 2007 Yearbook which will be at your door in November.

Mark



SOCIAL ACTION AT MICAH



This summer a new (and hopefully lasting) partnership was formed between Camp Micah and the Bridgton Senior Center. Each week one of our bunks and several staff members would take time from their day to volunteer with the Residents of the center. While there, our campers and staff would play games, sing songs and provide company to those who needed it. Prior to each visit the bunk going would make cards with phrases like, "Happy Summer" or "Have fun in the sun", to present upon arrival. The Cards and the visits gave a lift not only to the residents and staff of the center but to all of the Micah team who participated. A big thank you goes to Sondra Kaminsky for organizing the project and to Zach Gray who provided the wonderful music each and every week. Thanks Guys!!!

A SPECIAL THANKS TO OUR 2007 SENIOR CENTER VOLUNTEERS

| | | | | |
|----------------------|------------------|--------------------------------|-------------------|-------------------|
| Ashley Davidson | Dan Krant | Sam Zuckermick | Netanya Lebach | Matt Crosby |
| Sam Dyer | Eric Krasnow | Nate Argosh | Adam Raider | Scott Mcbean |
| Zachary Eagle | Alex Landau | Ben Aronovitz | Isaac Rosen | Michael Mcgathy |
| Sasha Epelbaum | Garrett Leon | Ari Appel | Sally Rifkin | Danny Roberts |
| Adam Felber | Alan Lipchin | Amanda Beggs | Michayla Savitt | Makenzie Spillner |
| Jared Frankston | Elizabeth Maisel | Tyler Brunstein- Ellenbogen | Spencer Seligman | Leah Weisman |
| Naomi Frankston | Kayla Masterman | Ethan Cote | Josh Schegolev | |
| Jose Gaytan De Ayala | Adam Maxwell | Elliot Daniels | Mac Shumer | |
| Andrew Geller | Cody Miller | Gabriel Dorit-Kendall | Josh Schwartz | |
| Brett Gershowitz | Leah Murphy | Jake Exkorn | Erin Siegel | |
| Zachary Goldstein | Sarah Pactor | Chloe Fishman | Hally Silberg | |
| Sarah Gottlieb | Erin Pinta | Drew Friedler | Carrie Stairman | |
| Todd Granoff | Sage Ratner | Jorge Gaytan de Ayala | Alexandra Stanton | |
| Jacob Greene | Julia Rodgers | Josh Geller | Rebecca Strauss | |
| Sammy Greenfield | Scott Rozen-Levy | Jordan Gluck | Alina Wadness | |
| Max Groper | Arielle Sager | Josh Gluck | Toma Wadness | |
| Paige Herer | Matthew Shanck | Louis Goldsmith | Scott Wurtzel | |
| Jane Herman | Leah Schwanke | Sam Grant | Sarah Alden | |
| Valerie Herman | Josh Seidman | Daniel Gray | Zach Gray | |
| Jason Hurvitz | Elana Siegel | Lili Greenstein | Katie Infintine | |
| Simon Italiaander | Isabel Shulman | Sloane Grinspoon | Sondra Kominsky | |
| Daniela Karpenos | Gregory Swartz | Zachary Gross | Brian Murphy | |
| Samantha Karpenos | Polly Vishner | Adam Kaufman | Tanya Savitt | |
| Rachel Katzin | Ariel Wein | Emily Kern | Sina Szabados | |
| Terren Klein | Jake Willsey | Nathan Landau | Vanessa Yu | |
| Jessie Kraft | Emily Zoller | | Jimmy Zack | |



HONORING THEIR MEMORY

The entire Camp Micah Community was saddened to hear about the loss of two of our founding members: Zachary Carson and Jeremy Kritzman. The two will always be remembered in our hearts for the passion and enthusiasm they brought, not only to Camp Micah but to everything they did. Our thoughts and sympathies are with their families during this difficult time.



Zach Carson with his brother Jake... Summer 2003

REMEMBRANCES:

ZACHARY CARSON

Zachary Carson Brain Tumor Fund

c/o Dana-Farber Cancer Institute

10 Brookline Place West
6th Floor

Brookline, MA 02445

JEREMY KRITZMAN

Paul Epstein's Teen Center

c/o Foundation to be named later

Boston Red Sox

4 Yawkey Way

Boston, MA 02215

When Zachary Carson was diagnosed with an inoperable brain tumor at age 17 and told that his life would be measured in months, his first response was understandable. "I was scared," he said in an interview with an alumni publication of the Landmark School.

His second response was somewhat less predictable. "When I think about it, you can look at cancer, cry, and be depressed, or you can take it one day at a time and live for the next day," he said in the interview. "This disease has given me new guidelines and rules. After I found out I was sick, I look at life differently. It is special. I hate having cancer, but it actually impacted my life in a good way. It made my life better."

And in turn, he tried to make life better for those who would follow, using his case to help raise about \$220,000 for research into diffuse pontine glioma, the rare pediatric cancer with which he had been diagnosed.

Courtesy of the Boston Globe



Jeremy Kritzman and Evan Press... Summer 2002

Friends said Jeremy Kritzman, affectionately called "Germ," was one of those kids who could always put a smile on your face.

"He was the funniest kid around no matter what was going on," said Greg Cox, a friend of Kritzman's. "People just always wanted to be around him."

Kritzman, an IU junior who passed away early Thursday morning, was a therapeutic recreation major and aspired to be a stand-up comedian, said senior Bennett Fink.

"We've been friends since Welcome Week of his freshman year," Fink said. "He was just a very funny, very energetic and very outgoing guy. He was one of those kids that was always happy."

Courtesy of The Indiana Daily Student

LOVE IS IN THE AIR...



IT'S OFFICIAL: HAVEL TO WED AT MICAH!!!

Mazel Tov to our former Micah Summit Boys Unit Leader and

new Assistant Boy's Head Counselor Adam Havel, who earlier this summer proposed to his longtime Girlfriend Emily on top of Baldpate Mountain. Adam took Emily on a hike and surprised her with a romantic picnic and proposal. As we all know, she said yes (after all, who could say no to Havel)?...The lovely couple has decided that the best place for the wedding is Camp Micah...This is our first Micah Wedding at Camp unless you count the amazing Color War Break of 2005!!! Adam and Emily will be wed after Camp ends next summer. The entire Camp Micah Community wishes them well.

ANDREA HANSSEN IS NOW ANDREA OLITZKY!



It must be a theme among former Summit Unit Leaders. As was announced in the Fall 2006 edition of the Micah Update, Andrea Hanssen and her boyfriend Jessie Olitzky were engaged to be married. Well on Sunday September 2, 2007 the couple was wed in

Sharon, MA in a traditional ceremony attended by many of the Micah family. We wish the Happy Couple well and hope to have them visit this summer. Does this mean that Pete Arsenault is next?...I guess we'll just have to wait and see!

KRIGER'S COOKIN' CORNER

Kruger is once again playin' his way into your stomachs with his cookin' corner. This months recipe is...



...Chocolate Dip Sugar Cookies (Yum!)

Ingredients:

| | |
|--------------------------|----------------------------------|
| 1/3 lb butter (unsalted) | 1/2 teaspoon Vanilla |
| 1 lb sugar | 2 teaspoons Baking Powder |
| 3 eggs | 1lb All Purpose Flower |
| Salt-pinch | 12oz High Quality Dark Chocolate |



DIRECTIONS:

For The Cookies...

- *Take the butter and sugar and mix thoroughly on medium or high speed, or by hand with a fork (much more work).
- *Next add one egg at a time and mix each in individually
- *Add the pinch of salt and $\frac{1}{2}$ teaspoon of vanilla and mix
- *Finally add in the 2 teaspoons of baking powder and 1 lb of flour at the same time and mix
- *Scoop and Bake in a regular oven at 350 degrees for 12-15 minutes or in a convection oven at 325 for 10 minutes.

Remove and let cool.

For the Chocolate...

- *Take a medium sauce pan and fill 1/3 with cold water
- *Place on stove at medium heat
- *Take the 12 oz Chocolate break into pieces and place in a large metal mixing bowl
- *Place the mixing bowl over the saucepan (make sure that the flame is not directly on the mixing bowl because this could burn the chocolate.)
- *After the chocolate is melted stir with a fork then tilt the bowl so that the chocolate is on one side. Dip the cookies $\frac{1}{2}$ way into the chocolate and place on parchment to cool...

Hope you enjoy....Jason

CAMP MICAH ALUMNI ASSOCIATION

Camp Micah is excited to announce the new Alumni Guestbook Registration on our website. This is a place for former campers and staff to connect. If you are a former camper or staff member please go to www.campmicah.com and click on the alumni association link (it's a graduation hat with a tassel). Once your information has been verified we will send you a confirmation e-mail with your login information. You will then have access to all of your old Micah Friends. We encourage all alumni to register so that we can have current contact information for everyone.

DID SOMEBODY SAY ALUMNI DAY?

This summer we received numerous calls from former campers and counselors wanting to visit Micah for the day. We decided to open the gate one Sunday this summer for Alumni to visit. Due to the success the day we have decided to make "Alumni Day" an annual tradition. It is our hope to have many more alumni visit in the coming years. If any of you would be interested in attending Camp Micah's Alumni Day Sunday [July 13, 2008](#) please e-mail Steve Monge at steve@campmicah.com to be put on the list.

CAN YOU SPELL SUCCESS?

CAMPERS EXCEL AT 3rd MYCA/NORWAY SAVINGS SPELLING BEE



Individual winners, ages 12 & under

July 5's camp competition wasn't about sports skill, sailing expertise or tennis. It was about WORDS. 146 campers from 14 camps competed in the 3rd Annual MYCA Spelling Bee. Arcadia, Fernwood, Forest Acres/Indian Acres, Hidden Valley, Maine Golf & Tennis, Mataponi, Micah, Omni, Skylemar, Tapawingo, Tripp Lake, Walden, West End House, and Wigwam were represented. Children competed in two divisions, ages 12 and under and ages 13 and over.

The competition started off with the word *assassin* and got harder as the competition heated up with words like *flourish*, *warranty*, *honeycomb*, *exasperate*, *concessionaire*, and *intravenous*.

At day's end the top teams were Camp Tapawingo (ages 12 & under), Camp Fernwood (ages 13 and up). The top three individual winners in the 12 and under category were Lucy Golub, *Tripp Lake Camp*, Isaac Italiander, *Camp Micah*; and Sarah Richman, *Tripp Lake Camp*. In the "ages 13 and over" category the top three spellers were Zoe Madonna, *Hidden Valley Camp*; Maude Tisch, *Fernwood*; and Lara Speyer, *Fernwood*.

A big thank you is extended to our corporate sponsor Norway Savings Bank for matching Spelling Bee revenues dollar for dollar up to \$500. Not to be forgotten is Bee coordinator Bobby Strauss, Camp Wigwam, and the volunteers from Wigwam camp who moderate and judge the spelling bee. Bobby launched the idea of a camp spelling bee in 2005, and it has been steadily growing as a camper event and MYCA fundraiser.

Congratulations to all of the campers who participated. You did a great job!



Winning Team, Camp Fernwood

Recent & Upcoming Skippers Around the Room

Happy Birthday to all our new and old campers and counselors who celebrate their birthday in September, October & November!

September

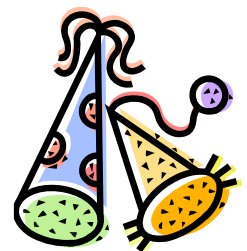
| | |
|----------------------------|----------------|
| Karl Spears | Scott Crook |
| Samuel Marram | Zoe Federman |
| Erin Siegel | Brett Halperin |
| Adam Maxwell | Eric Fifer |
| Janelle Kelly | Abby Schneider |
| Raz Nimrodi | Avi Cohen |
| Jenna Weickert | Mike Churwin |
| Austin Cohen | Zarrin Atkins |
| Mollie Echeverria | Naomi Kaye |
| Reid Grinspoon | James Zack |
| Edward Gould | |
| Asher Lovesky | |
| Alexander Burns | |
| Maya Caspi | |
| Michael Mcgathy | |
| Abigail Alexander | |
| Jose Gaytan de Ayala | |
| Alison Kraft | |
| Vanessa Yu | |
| Jeremy Moskowitz | |
| Jason Hurvitz | |
| Jessica Rubin | |
| Polly Vishner | |
| Ariel Wein | |
| Daniel Weinstein | |
| Adam Percy | |
| Alina Wadness | |
| Zach Gray | |
| Ethan Cote | |
| Julia Fallman | |
| Tyler Brunstein-Ellenbogen | |
| Isaac Italiaander | |
| Sally Rifkin | |

October

| | |
|--------------------|-----------------|
| Alan Lipchin | Rob Gershowitz |
| Allison Solomon | Ari Shaller |
| Jennine Shulkin | Danny Edwards |
| McKenzie Spillner | Maura Milder |
| Sasha Epelbaum | Ali Cooper |
| Matthew Shanck | Craig Barter |
| Rachel Wein | Julia Rodgers |
| Leah Wolk | Dina Tyson |
| Troy Joseph | Jake Weilheimer |
| Sam Gallimore | Josh Geller |
| Nathan Landau | Cole Ratner |
| Ryan Kosow | Krystle Gravitt |
| Joshua Kirson | |
| Gabe Stauber | |
| Emily Felber | |
| Jacquelyn Malis | |
| Jay Rauch | |
| Emily Sumner | |
| Alan Graffam | |
| Sam Ottinger | |
| Naomi Frankston | |
| Mercedes Gandarias | |
| Eliana Rich | |
| Katie Rich | |
| Kevin Abend | |
| Matthew Arbesfeld | |
| Joseph Italiaander | |
| Andrew Hopper | |
| Emily Seltzer | |
| Emily Siff | |
| Dan Krant | |
| Kara Kurland | |
| Basia Swartz | |

November

| |
|-----------------------------|
| Jared Curtis |
| Jason Schwartz |
| Noah Adler |
| Paige Herer |
| Matthew Levitan |
| William Huntress |
| Blaine Mercado |
| Kason O'Neil |
| Lauri Gallimore |
| Ali Mills |
| Kyleen Welsh |
| William Settel |
| Ariel Polokoff |
| Scott Rozen-Levy |
| Jordan Brunstein-Ellenbogen |
| Elizabeth Cooley |
| Jesse Spivak |
| Paz Shalem |
| Stephanie Baril |
| Laura Furman |
| Nate Macomber |
| Michal Goderez |
| Michael Fuchs |
| Jorge Gaytan de Ayala |
| Isaiah Freedman |
| Joshua Schwartz |
| Emma Caplan |
| Hillary Haspel |



MICAH ODDS AND ENDS

The American Camping Association (ACA) has written a must read article for all parents and campers. The article entitled, "Their Space...Or Yours? Internet Issues Come to Camp", can be found at www.acacamps.org/inside/06_03/relevant.php.

CAMPER CONTRIBUTIONS

Beginning with the next installment of the Micah Update we will be adding a section called camper contributions. If you've been on a great trip, scored a winning basket, made good grades or just have something to say drop us an email so we can get it included.

You can e-mail your installments to steve@campmicah.com

MICAH REUNION

WHEN: Saturday January 5th, 2008

WHERE: The reunion will be held in the Boston area on the evening of January 5th. We are still finalizing the location and will give you more information as we get closer.



Fun at last winter's reunion!!!! Will we see you this year? Let's Hope so!!